I have appointed Gary Bangs as the new chairperson. He’s interested in working with King County on outreach projects in the Seattle area, and also enthusiastic about continuing the good outreach work our members have been doing at schools and science fairs (See Justin’s report about that in this issue). Gary is looking for co-chairs in the Portland, Spokane, and Tri-Cities areas – contact Gary Bangs to learn more and volunteer.

Message from the President

I’m writing on a gorgeous Memorial Day weekend, enjoying an iced glass of tea and balmy breezes. Summer is here!

Local Education Committees
Our LECs are all taking a break until September. While you’re relaxing this summer, think of topics. What would you like to hear about next season? Better yet, what would you like to present? Then tell your LEC chairperson, and maybe even volunteer to help:

Montana – Julie Hart
Spokane – John Lowe
Tri-Cities – Joseph Samuels
Portland – Barb Epstien
Siobhan Murphy
Seattle – Tom Vroman
Stephanie Carter

NOHC Abstracts Needed
We’ve extended deadline for NOHC abstracts – please submit them ASAP! Let us know what you’ve been working on, or share an interesting case study. Presentations should be about 30-40 minutes, on an IH or occupational safety topic. Click here now and give us the details!

New Regional Representative
Congratulations to Pacific NW member Stephanie Carter, the new Local Sections Regional Representative for AIHA’s Northwest Region! Regional Representatives work closely with the Local Sections Council chair, AIHA Board, and local section officers to:

• Facility communication among local sections within a geographic area (the NW region covers 9 states and 3 provinces).
• Provide coaching to local section officers on effective leadership.
• Track metrics of each local section with respect to size of meetings, officers, etc.

To learn more, go to aiha.org, Get Involved tab, Local Sections link.

New Leader of our Outreach Committee
Justin La, chair of our Outreach Committee for the past 18 months, is leaving us for a new job with the U.S. Navy in San Diego. Though we’re sad to see him go, we wish him well in his new adventures.

I have appointed Gary Bangs as the new chairperson. He’s interested in working with King County on outreach projects in the Seattle area, and also enthusiastic about continuing the good outreach work our members have been doing at schools and science fairs (See Justin’s report about that in this issue). Gary is looking for co-chairs in the Portland, Spokane, and Tri-Cities areas – contact Gary Bangs to learn more and volunteer.

Updates all Around
Projects are underway to update the PNS-AIHA by-laws and procedures manual to reflect many years of improvements in how we do business. After approval by our Executive Committee and the AIHA Board, proposed by-laws changes will be sent to our members for a vote.

Stephanie Carter and her husband are working on updates to the PNS-AIHA website. What would you like to see there? What would you find useful? To make suggestions or requests, contact Stephanie Carter.

Nadine Grady, CIH
PNS-AIHA President
ngrady56@outlook.com
Spring is passing by and summer is arriving. The PNS-AIHA Outreach Committee is also chugging along. As you may have heard the Outreach Committee’s goal is to advocate and promote the field of Industrial Hygiene as an avenue towards a career for students, to foster a relationship with our local communities, and educate the public at large.

Our volunteers have been hard at work. We have been judging at science fairs in the Portland and Seattle Metro area, guest lecturing at student sections and universities, speaking at high school career events, and at STEM clubs throughout the last several months.

You can contribute in any of the following ways:
- Volunteering at our science fair events or inform us of an upcoming science fair
- Inform us of your guest lecturing activities for student sections or student activities
- Inform us of high school career days

By informing us of science fairs, guest lectures, and high school events we can spread the word to other members in your area who may also be interested in volunteering. This will also allow us to build a portfolio of events to continue on a yearly basis. We hope to hear from you or see you at one of our events soon.

Cheers,
Outreach Committee (Justin.la87@gmail.com)
In Hamilton’s Footsteps

The May 2018 addition of the AIHA journal, the synergist featured an article about the experiences of women in industrial hygiene. One of the women is our PNS-AIHA president elect, Ivory Iheanacho. During my long tenure in IH I have seen the increase in the number of women involved with IH and many of the changes noted in the article.

If you are an AIHA member please take a look at the article (CLICK HERE). If not, you can contact the AIHA for a free copy of the May Synergist.

Phillip M. Peters CIH
PNSAIHA Executive Secretary

A History of Our Local Section and the NOHC
Part 1—My 45 Years

This is the first of several articles about the history of the PNS-AIHA and the NOHC and my career in Industrial Hygiene.

The PNS-AIHA was born in Portland, Oregon in 1956. A one day organizing meeting was held in the Multnomah Hotel. (See more about the birth on the PNS website for more details.)

Over the years our annual NOHC rotated between western and eastern Washington and Oregon. For many years the Local Section met with local occupational health nurses and physicians.

I started with LNI as a chemist in the IH Lab in Olympia in October of 1972. On my second day I watch the rest of the chemists and IHS head for the conference in Seattle. That was the only NOHC I missed in my entire 45 year career at LNI.

I will attempt to chronicle the story of our section and the changes in IH over the years. Be sure to follow the link to “In Hamilton’s Footsteps” to garner further insight on the changes in IH over the years from a different perspective.

If you have any stories, recollections or other information about the section or NOHC please send me an email and share your experiences, and we will set them free.

Phil Peters, CIH, Executive Secretary
DOSH IH Lab Director (Retired)
Petp235@gmail.com

NOHC News

This year’s NOHC has set aside blocks of rooms at the Hampton Inn & Suites by Hilton Bremerton. Reservations can be made by calling (360) 405-0200 and reference Northwest Occupational Health Conference. The NOHC rate is $119.00. To receive the group block rate, reservations need to be made by "September 11, 2018". "Remember", your stay at the conference hotel will help us cover meeting room charges.

Exhibitor Information is available, please CLICK HERE.
Local Education Committee

Seattle Local Education
Contacts: Tom Vroman or Stephanie Carter

Tri-Cities Local Education
Contact: Joseph Samuels

Spokane Local Education
Contact: John Lowe

Portland Local Education
Contact: Barb Epstein or Siobhan Murphy

Montana Local Education
Contact: Julie Hart

Outreach Committee

Gary Bangs
Laura Rascon-Padilla
Paul Woodward.

“To advocate and promote the field of Industrial Hygiene.”

Welcome New Members

Darian Disrud
Denis Dooley
Julianne Gehlen
Cheryl Luki-Fulk
Tiffany Heline
Ellen Ridgeway
Karen Salinas
Rob V Vannice

Follow us on Twitter and Join us on LinkedIn
We are pleased to announce that the Pacific Northwest Section-AIHA now has a Twitter account and a LinkedIn group! Please follow us on Twitter at @pnsaiha, join us on LinkedIn at AIHA - Pacific Northwest Local Section, and share any relevant news, outreach, etc.

Announcing the new UW Department of Environmental and Occupational Health Sciences Blogs!

Health and Safety Matters (DEOHs Department-wide news and stories) - http://deohs.washington.edu/hsm-blog
Northwest Center for Occupational Health and Safety ERC Blog - https://nwcohs.blog/
Pacific Northwest OSHA Education Center Blog - https://pnwoshaeducationcenter.wordpress.com/

Annual Occupational and Environmental Medicine Conference - Save the Date
presented by NAOEM with support from the UW Northwest Center for Occupational Health and Safety
September 7-8, 2018
Cedarbrook Lodge, Seattle, WA
September 7 - Tour of Vigor Industrial followed by Cocktail Party
September 8 - Full Day Educational Program followed by the annual NAOEM Banquet Dinner and Meeting
Registration will open soon at naoem.org

The Heartbeat of Health and Safety
created by the Pacific Northwest OSHA Education Center at the University of Washington

Free Podcast starring Rick Gleason and Don King! In each episode Rick and Don interview industry leaders about a variety of safety and health topics. Stay tuned for new episodes each month!
Listen for free on the PNW OSHA Education Center YouTube Channel: https://www.youtube.com/channel/UCktEIRMO_3yalQd2lhmvGpQ

Washington State Governor's Industrial Safety and Health Conference
September 26-27, 2018, Spokane Convention Center
Conference highlights sponsored by the UW DEOHS Continuing Education Programs include:
• OSHA #7410: Managing Excavation Hazards Pre-Con Course
• Workplace Violence Pre-con Course
• Healthcare Track
Further conference details and registration coming soon - June 2018! Visit gishab.org for more information
2017-18 PNS-AIHA Officers

Our officers for 2017-18 are:

- President: Nadine Grady, CIH
- Past-President: James Martin, CIH
- President –Elect: Ivory Iheanacho, MSPH-IH
- Executive Secretary: Phil Peters, CIH
- Recording Secretary: Julie Hart, PhD, CIH
- First Year Director: Gerry Croteau, CIH
- Second Year Director: Venetia Runnion, CIH, CSP
- Treasurer: Martin Rose, CIH

- NOHC Planning Officer (1 Year): Elisabeth Black, CIH
- NOHC Planning Officer (2 Year): Tony Uliano, MS, CIH, CHMM
- Portland LEC Committee Officer: Barb Epstein, CIH, MPH, FAIHA
- Tri-Cities LEC Committee Officer: Joseph K. Samuels, PhD, CIH
- Seattle LEC Committee Officer: Tom Vroman, MS, CIH
- Montana LEC Committee Officer: Julie F. Hart, CIH
- Spokane LEC Committee Officer: John Lowe, CIH
- Administrative Assistant: Jeannette U

If you would like to submit article(s) or ideas for the next issue of the Cascade Impactor, click here. Articles are due by September 15, 2018 for the Fall Issue of the Cascade Impactor.

AIHA Live Webinars

PNS-AIHA has subscribed to the AIHA eLearning webinar series and as a member of the local section you have the fabulously cost-effective benefit of access to all of the annual subscription webinars. As a subscriber, the Local Section gets two live viewings for each webinar. Live viewings for the webinar need to be coordinated with the PNS-AIHA administrator ahead of time (Email at administrator@pnsaiha.org). Local section member has access to all the recorded webinars. So if you miss the live broadcast, you can still listen to the recorded webinar, access all downloadable handout materials, AND earn ABIH CM credits. All of this is included in your annual $35 PNS-AIHA local section membership.

CLICK HERE for more information.

Interested in joining the Pacific Northwest Section—AIHA, CLICK HERE

2018 NORTHWEST OCCUPATIONAL HEALTH CONFERENCE

OCTOBER 10—12, 2018

KITSAP CONFERENCE CENTER

BREMERTON, WA

FOR MORE INFORMATION CLICK HERE.